

## TOE-UP SOCKS with Two Circular Needles

### **Materials:**

Fingering or sock, (sport or dk, worsted weight) yarn on US size 2 (4, 5) circulars.

### **Gauge:**

7.5 (6.5, 5.5) stitches per inch.

### **The Toe:**

Cast on 16 (12, 12) stitches using the Eastern Cast-On.

<http://www.knittingdaily.com/blogs/daily/archive/2008/07/28/exploring-a-tricky-cast-on-for-toe-up-socks.aspx>

Round 1: Knit

Round 2: Increase round. \*Kfb, k to last 2 stitches of sole, Kfb, K1. Repeat from \* on instep needle.

Repeat Round 2 until you have doubled the number of stitches. 32 (24, 24).

Repeat Rounds 1 and 2 until you have 60 (52, 44) stitches.

Then knit every round until the sock is as long as the distance between your index and little finger when spread apart.

### **The Gusset:**

The gusset increases will be worked on the needle(s) containing the sole stitches. The instep stitches will be worked even without any increases.

Round 1: K1, Kfb, Knit to the last 3 stitches on sole needle, Kfb, K2. Knit across the instep needle.

Round 2: Knit (around the whole sock).

Repeat Rounds 1 and 2 until the total number of stitches on the gusset needle is 2 fewer than you had when you began the gusset 58 (50, 42). The number of stitches on your instep needle does not increase.

### **Turning the Fleegle Heel:**

You will working back and forth on only the gusset stitches. (You can place the instep stitches on a stitch holder or spare yarn or just let them dangle on the needle you aren't using).

Place a marker in the center of the gusset stitches so there are 29 (25, 21) stitches on either side of the marker.

Row 1 (rs): Knit to 2 stitches beyond the marker. K2tog, k1, turn, give yarn a tug.

Row 2 (ws): Slip 1 purlwise. Purl to two stitches beyond the marker. Purl 2 together, pl, turn, tug.

Row 3 (rs): Slip 1 purlwise, knit to the stitch before the gap. Knit together the 2 stitches on both sides of the gap, k1, turn, tug. (You can take the marker out now because you will be using the gap as a marker.)

Row 4 (ws): Slip 1 purlwise, purl to the gap, Purl the 2 stitches on both sides of the gap together, Purl 1, turn, tug.

Repeat Rows 3 and 4 until there are 2 stitches remaining on each side.

Next round. Knit across to last 3 stitches, K2tog, k1. Do not turn but continue to knit across the instep stitches.

Next round: When you get back to the beginning of the heel needle, k1, ssk and continue. Knit to last 3 stitches on heel needle, k2tog, k1. Continue across instep needle and at the beginning of the heel needle k1, ssk. You should now have the same number of stitches that you had before beginning the gusset. 60 (52, 44).

### **Cuff:**

Continue knitting around until the sock is 1.5-2 inches shorter than you want it to be. Work the last 1.5-2 inches in k1,p1 rib.

### **Bind Off: Jeny's Surprisingly Stretchy Bind-Off**

<http://knitty.com/ISSUEfall09/FEATjssbo.php>

This bind off uses yarn overs to make your sock stretchy!

Before a knit stitch: Make a backwards yarn over by bringing the yarn over the needle from behind and between the needles to the back. Knit the stitch, pass the yarn over. Make a backward yo, knit the stitch, pass both the stitch on the right needles and the yo over the stitch just worked.

Before a purl stitch you do the same thing except that the yo is a regular yo.

When you are down to last stitch, cut the yarn, pull the last loop out, thread yarn onto a needle, pull through to fasten to first bound off stitch. Fasten securely. Weave in your ends

